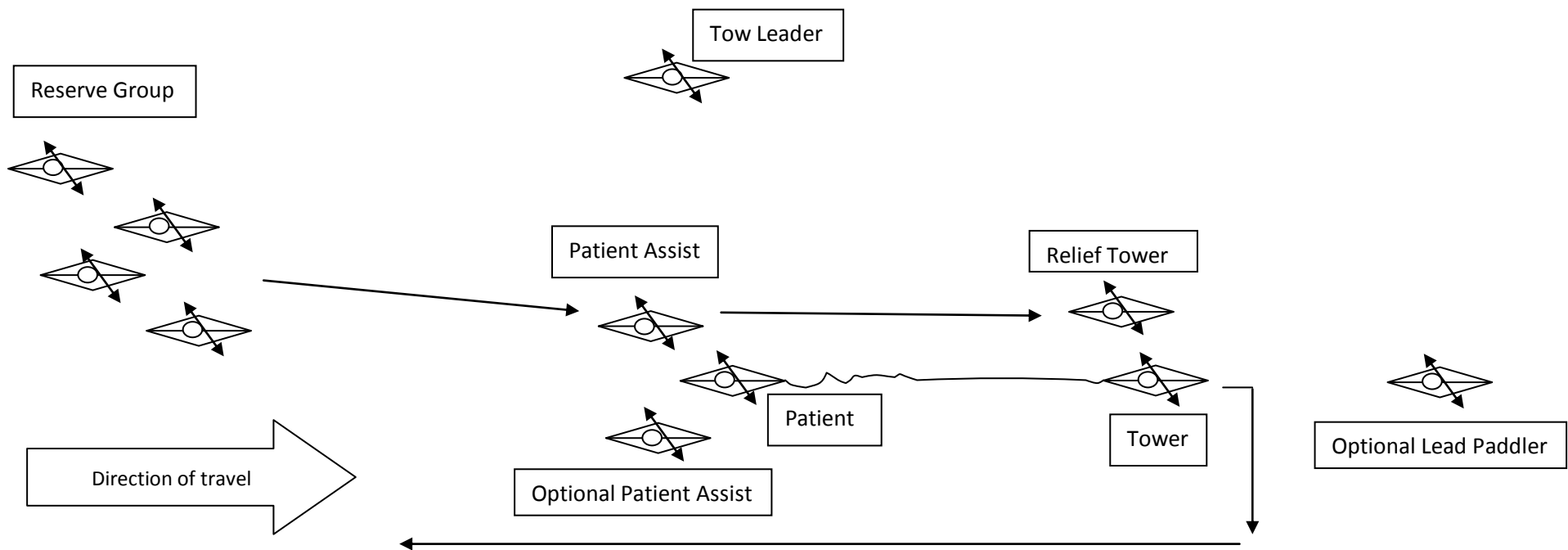


TOWING TEMPLATE



POINTS TO REMEMBER

- **NEVER paddle over a tow line.**
- **The Tower cannot see** what is happening behind them. Keep them continually informed.
- **Monitor the Patient's condition.** Signal the Tow Leader if necessary.
- **Give continual encouragement** to the Tower & Patient.
- **Watch & listen for instructions** from the Tow Leader, particularly paddlers in the Reserve Group.
- **Know your hand signals** from the pre-launch brief. Particularly- 'come to me', 'OK' & 'stop'.
- **Relieve the Tower regularly,** before fatigue sets-in.
- Ensure you **have a 'cam cleat' fitted to your boat.** A Tow Belt alone is not good enough.
- Ensure your Tow Line is **very easily accessible** from your deck or person. Stowed in a day hatch or cockpit is not good enough.
- **The Tow Leader is overseer** of the group.
- Always carry your Tow Line **ready for immediate deployment.**

